

## **Beef and Rice Stroganoff**

1 ½ to 2 lbs cubed steak or grilled round

2 sm cans sliced mushrooms

1 med onion, chopped

1 can beef broth

½ cup ketchup

2 Tbsp oil, plus some for browning meat

1 ½ cups minute rice, white or brown

1 Tbsp Worcestershire sauce

½ tsp paprika

Sour cream, optional

Brown meat with the onion and a little oil. Add mushrooms towards the end of browning. Add beef broth, oil, Worcestershire sauce, ketchup and minute rice. Cook until broth is absorbed and rice is to desired doneness.

Add sour cream and additional Worcestershire sauce to individual taste.