

Minute Chocolate Mug Cake

1 Coffee mug

4 Tbs flour

4 Tbs sugar

2 Tbs cocoa

1 egg

3 Tbs milk

3 Tbs oil

3 Tbs chocolate chips, optional

Small splash of vanilla

Add dry ingredients to mug and mix well. Add egg and mix thoroughly. Stir in milk and oil. Add chocolate chips and vanilla.

Microwave for 3 minutes at 1000 watts. The cake will rise over the top of the mug, but don't be alarmed! Allow to cool a little and tip out onto a plate if desired.